## Minutes of the Boys/Girls Track and Field Advisory Committee

 September 7, 2016The IHSA Track \& Field Advisory Committee met in the IHSA Office in Bloomington, Illinois, on Wednesday, September 7, 2016. The meeting began at 10:00 a.m. and concluded at approximately 2:00 p.m. Voting Committee members present were: Edward Adams, Athletic Director/Coach, Chicago (Leo); Mark Anderson, Boys T\&F coach, Cary (C.-Grove); Rob Harvey, T\&F Coach, Wheaton (W. Warrenville South); John Overstreet, Athletic Director, Paxton (P.-Buckley-Loda); Keith Kittell, T\&F Coach, Wolf Lake (Shawnee); John Polka, Meet Manager; Geza Ehrentreu, Coordinator of Officials. Other guests and non-voting members present were: Mark Tacchi, Illinois Track \& Cross Country Coaches Association (North); Mike Garcia, Illinois Track \& Cross Country Coaches Association (South); Mike Stokes, Illinois Track \& Cross Country Coaches Association (North); Jamero Rainey, Illinois Track \& Cross Country Officials Association; Kraig Garber; IHSA Asst. Executive Director.

## TERMS AND CONDITIONS RECOMMENDATIONS:

## 1. Item VII- C: IHSA State Series T\&F Qualifying Standards:

Recommendation: To adopt the following qualifying standards. Using the same process as last year, the Sectional Qualifying Standards for the Boy's and Girls' State Finals will be determined in the following manner. The Qualifying Standards for each individual and relay event will be calculated for classes 1 A and 3 A by determining the $21^{\text {st }}$ place time from all sectionals. Then that time will be used to obtain an average of the last FIVE years average times in each event. For class 2A, a THREE-year average of the $16^{\text {th }}$ place time in individual events and relays was used. Using this process, the proposed qualifying standards for the $16-17$ seasons are:

| Event | 1A Girls |  | 2A Girls |  | 3A Girls |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-16 | 16-17 | 15-16 | 16-17 | 15-16 | 16-17 |
| LJ | 16-3 | 16-2 | 16-11.5 | 17-1 | 17-5 | 17-6 |
| PV | 9-4 | 9-1 | 9-7 | 9-6 | 10-3 | 10-3 |
| HJ | 5-1 | 5-1 | 5-1 | 5-1 | 5-3 | 5-3 |
| SP | 35-7 | 35-9 | 37-11 | 38-0 | 38-0 | 38-0 |
| TJ | 33-6 | 33-6 | 34-9 | 34-9 | 35-10 | 35-11 |
| DISC | 107-6 | 107-6 | 112-2 | 112-2 | 116-8 | 116-11 |
| 4 X 800 | 10:20.72 | 10:23.87 | 9:52.80 | 9:53.97 | 9:36.75 | 9:34.47 |
| $4 \times 100$ | :51.99 | :52.01 | :50.40 | :50.28 | :49.50 | :49.45 |
| 3200 | 12:10.37 | 12:12.49 | 11:37.20 | 11:35.71 | 11:12.45 | 11:08.33 |
| 100 HH | :16.62 | :16.60 | :15.90 | :15.86 | :15.57 | :15.59 |
| 100 | :12.97 | :12.96 | :12.80 | :12.74 | :12.64 | :12.61 |
| 800 | 2:27.52 | 2:27.62 | 2:23.30 | 2:22.12 | 2:20.07 | 2:19.88 |
| $4 \times 200$ | 1:51.33 | 1:51.28 | 1:47.50 | 1:47.57 | 1:45.82 | 1:45.69 |
| 400 | 1:01.84 | 1:02.15 | 1:00.00 | 1:00.19 | :59.29 | :59.28 |
| 300 LH | :48.81 | 48.72 | :47.70 | :47.72 | :46.78 | :46.91 |
| 1600 | 5:33.69 | 5:33.95 | 5:20.90 | 5:21.00 | 5:11.50 | 5:10.01 |
| 200 | :26.94 | :26.99 | :26.30 | :26.23 | :25.95 | :26.01 |
| 4 X 400 | 4:16.89 | 4:17.57 | 4:09.10 | 4:09.20 | 4:03.37 | 4:04.48 |


| Event | 1A Boys |  | 2A Boys |  | 3A Boys |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-16 | 16-17 | 15-16 | 16-17 | 15-16 | 16-17 |
| LJ | 20-11 | 20-11 | 21-5 | 21-4 | 22-1 | 22-1 |
| PV | 12-7 | 12-5 | 13-1 | 13-1 | 13-7 | 13-7 |
| HJ | 6-2 | 6-1 | 6-3 | 6-3 | 6-3 | 6-3 |
| SP | 47-8 | 47-9 | 50-11 | 49-2 | 52-8 | 52-7 |
| TJ | 41-7 | 41-5 | 43-4 | 42-7 | 44-2 | 44-4 |
| DISC | 143-2 | 142-10 | 145-11 | 144-6 | 157-11 | 157-9 |
| 4 X 800 | 8:32.45 | 8:33.80 | 8:11.20 | 8:10.64 | 7:59.34 | 7:58.96 |
| 4 X 100 | :44.29 | :44.33 | :43.30 | :43.39 | 42.70 | :42.66 |
| 3200 | 10:11.70 | 10:10.98 | 9:44.80 | 9:42.98 | 9:24.72 | 9:26.72 |
| 110 HH | :15.84 | :15.91 | :15.30 | :15.29 | :14.98 | :15.02 |
| 100 | :11.32 | :11.38 | :11.10 | :11.08 | :11.00 | :10.99 |
| 800 | 2:02.26 | 2:02.66 | 1:59.20 | 1:59.94 | 1:57.27 | 1:57.31 |
| 4 X 200 | 1:33.24 | 1:33.47 | 1:30.90 | 1:30.81 | 1:29.34 | 1:29.30 |
| 400 | :51.68 | :51.80 | :51.00 | :51.10 | :50.13 | :50.10 |
| 300 IH | :41.57 | :41.57 | :40.20 | :40.43 | :39.69 | :39.74 |
| 1600 | 4:38.49 | 4:39.11 | 4:27.70 | 4:27.65 | 4:21.42 | 4:20.94 |
| 200 | :23.09 | :23.11 | :22.50 | :22.55 | :22.30 | :22.26 |
| 4 X 400 | 3:31.52 | 3:32.37 | 3:27.50 | 3:27.17 | 3:23.15 | 3:23.31 |

Rationale: The advisory committee feels that we are on the right track by using this system. Using an objective system should be easier to use, easier to defend and provides fair standards for competitors. If necessary, the system is adjustable by using a different average sectional time, a different average (i.e.: 4 years), or simply by maintaining the prior year's standard for one or more events. The Assistant Executive Director working with the Track \& Field advisory committee has reserved the right to make changes if it is obvious that this would be necessary in order to protect the integrity of the meet. Passed 7-0

Approved by Consent

## 2. Item X- A: Awards:

Recommendation: At the Sectional meets, all events will be scored to eight (8) places and medals will be awarded to the first eight (8) place winners in each individual and relay event. This would include the Wheelchair Division.

Rationale: Committee concluded that most sectional sites are equipped with eight lane tracks and provide ample opportunity for eight finalists to compete and medal. The committee also feels that scoring and medaling eight places will be consistent with the current practice at large invitational meets and conference meets. In addition, at state we score/medal 9 as a direct result of competing on a nine lane track. Passed 6-0

Died for Lack of Motion

## 3. Item VII - S: Advancement of Winners

Recommendation: In Sectional meets preliminaries shall be held in the Long Jump, Triple Jump, Shot Put and Discus Throw. Nine (9) contestants plus ties for ninth shall advance to competition in the finals as stated in NFHS Rules 6-2-3 and 7-2-11.

State Final Meet: In the Shot Put, Discus (in both the Athletes Without Disabilities Division and the Wheelchair Division), Long Jump, and Triple Jump, twelve (12) competitors plus ties for twelfth place will advance from Preliminaries to the Finals as stated in NFHS Rules 6-2-3 and 7-2-11.

Rationale: Committee feels that it is better to do what is consistent with the NFHS Rule Book when competitors are tied for the last qualifying spot in advancing from Preliminaries to Finals in the horizontal jumps and throws. Passed 7-0

Approved by Consent

## ITEMS OF GENERAL DISCUSSION:

The committee reviewed and had the opportunity to discuss all comments and suggestions sent to Kraig Garber. All of the items on the list below were submitted to the committee or brought up at the committee meeting. Some of the items received discussion and some did not. All items that received a motion and a second from our advisory members were voted on by the committee members.

## LIST OF DISCUSSION TOPICS FOR TRACK AND FIELD 2015-16

 September 7, 20161. Combine 2A Chicago hosted sectional into one meet and advance the top 2 plus those who hit the standard in individuals and relays.
Committee discussed this recommendation. No action taken.
2. Downsize to 10 sectionals in $2 \mathrm{~A} \& 3 \mathrm{~A}$.

Committee discussed this recommendation. No action taken.
3. Review process for sectional assignments instead of solely relying on a map.

Committee discussed this recommendation. No action taken.
4. Sectionals with 8 lanes and two runways for horizontal jumps should be given priority to host.

Committee discussed this recommendation. No action taken.
5. Eliminate the multiplier/success factor from track and field (and other non-bracketed sports).
6. Add 7 additional track coaches ( 1 per division) chosen by the current division representatives to the advisory committee to offer opinion about the state of Illinois track and field.
Committee discussed this recommendation. No action taken.
7. Invite major track media to advisory committee meetings (Dyestat Illinois and Milesplit Illinois preferably). Committee discussed this recommendation. No action taken.
8. Review process for determining media credentials and media passes for state meet entry.

Committee discussed this recommendation. No action taken.
9. There should be a coaches' meeting/forum ( $7-8: 30$ p) on Friday night at the state meet to discuss suggestions sent to IHSA advisory committee.
Committee discussed this recommendation. No action taken.
10. At the state meet, award team trophy to team(s) that have the $3^{\text {rd }}$ most points. Don't make it a tie for $4^{\text {th }}$. Committee discussed this recommendation. No action taken.
11. At the state meet, coaches should be allowed to coach in a coaching box for pole vault, high jump, and horizontal jumps only. The setups for these four events aren't ideal.
Committee discussed this recommendation and would like to explore the possibility of a location outside of the fence that would provide coaches a better view of the high jump. No action taken.
12. At the IHSA State Meet, if the wind gauge averages $-0.5 \mathrm{~m} / \mathrm{s}$ or greater for a headwind, please switch the direction of the $100 / 110 \mathrm{H}$.
Committee discussed this recommendation. No action taken.
13. At the IHSA State Meet, the 200 m dash could finish opposite the grandstands.

Committee discussed this recommendation. No action taken.
14. For the IHSA State Track Series, allow coaches to use their 28 entries how they choose (1 relay). Committee discussed this recommendation and would like to gather more information about what other states do in regard to the distribution of participants in events.
15. Apply NFHS Rules 6-2-3 and 7-2-11 as they are stated in that in the preliminary round of the horizontal jumps and throws, ties for the last qualifying spot shall advance to the finals. Committee brought forth a recommendation.
16. Allow meet referees the ability to disqualify a runner for directing profanity at another runner when it is reported by a meet volunteer.
Committee discussed this recommendation. No action taken.
17. Sectional pole vault should be divided into flights with the better flight competing first.

Committee discussed this recommendation. No action taken.
18. Revamp the classification cutoffs to create more equity in the potential for student athletes in all three classes to advance to the state track meet.
19. Reverse the order of flights in the high jump and the pole vault at the state meet so that the best flight competes last. Committee discussed this recommendation. No action taken.
20. Publish a time schedule for athletes to check into the clerk's tent for their running events at the state meet. Committee discussed this recommendation. No action taken.
21. High Jumpers attempted to practice on Thursday of the state meet during the designated practice time, but there were no standards or cross bar for them to use.
Committee discussed this item. No action taken.
22. The state meet needs a games committee that includes at least two coaches. Coaches should be more involved in the process.
Committee discussed this recommendation. No action taken.
23. Some schools are using electronic starting pistols and many athletes are not accustomed to this.

Committee discussed this item. No action taken.
24. The clerk's tent at the state meet should ensure consistency when determining whether a runner who shows up late should be allowed to compete.
Committee discussed this item. No action taken.
25. Eliminate the use of the International Waterfall in the 1600 m and 3200 m runs, and use the Double Waterfall for these races instead. The use of the Double Waterfall would take these races back to three heats and eliminate overcrowding. Recommendation received a motion and a $2^{\text {nd }}$. Motion failed 2-4. No recommendation will be brought forth.
26. Re-establish semi-finals races in the $100 \mathrm{~m}, 200 \mathrm{~m}$, and $100 / 110 \mathrm{~m}$ hurdles at IHSA Sectional Meets. Committee discussed this recommendation. No action taken.
27. Score and medal 8 places at the IHSA Sectional Meets. Committee concluded that most sectional sites are equipped with eight lane tracks and provide ample opportunity for eight finalists to compete and medal. The committee also feels that scoring and medaling eight places will be consistent with the current practice at large invitational meets and conference meets. In addition, at state we score/medal 9 as a direct result of competing on a nine lane track. Committee brought forth a recommendation.

